



Cowboy & Cowgirl Day Ranch or Rodeo Day

Created by Rebecca Been for the Kern County CattleWomen
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This is an event day that is utilized to rotate a large number of students through ranch themed centers. We have utilized it in kindergarten when the students are learning the letter “Cc” for Cowboy or “Rr” for Ranch or Rodeo.

Sample Schedule: School with 4 kindergarten classes

8:15 Students complete a cow coloring page and teachers tie bandanas on them.

8:30 Cowboy Equipment Group Presentation

9:00 Classroom Math & Art Activity - “Shape Cowboy” - create a cowboy using geometric shapes. Ex. triangle legs, circle head, square body, rectangle arms
It can be made out of colorful paper. Discussion can include shapes & colors.
**While classes are doing their project, Cowgirl Amanda goes to each classroom and reads the book Why Cowboys Sleep With Their Boots On and answers questions.
She visits 2 classes during this time period.

10:00 Cowboy P.E. & Music Centers

**Each of the teachers ran one center. Classes spent 10-12 minutes at each center and then rotated to the next location.

1. Stick Horse Barrel Races
2. Balloon Round Up (see directions in binder - Tools & Jobs Section)
3. Horseshoes
4. Campfire Songs

Optional - Pull students out individually and take cowboy pictures

We set up a “photo shoot” with a brown backdrop and a sawhorse with saddle.
Students get to pick one of our old beat up cowboy hats to wear for the picture.
Develop pictures in sepia tones for an old west feel.

11:00 Student Lunch

12:00 Classroom Science Activity -

Wow that Cow : Cattle Byproducts (see lesson in binder - By-Product Section)

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She visits 2 classes during this time period.

1:00 Pass out beef jerky treat